



Kidly Friendly Newsletter

Edition: 6

Published: 14-Aug-2020

From the Editors tab



Dear Readers,

Kidly Friendly has gone on a long journey since we started.

We started the journey with some friends. We also made some new friends along the way. The journey is enriched because of both.

Kidly Friendly is a global changemaker initiative. We have a place for each child who wants to contribute, be it in arts, sports, music, be it accomplishments to inspire, be it immediate issues that we should all be aware of, or anything interesting.

It is an online community by children and for children. I hope the community continues to grow productively and is especially during the COVID-19 pandemic lockdown period.

This is our 6th Newsletter.

If you want to share something interesting, please mail to rnucollections@gmail.com

Naisha





From the Sports Arena

Ananya Kamboj



Dear Kidly Friendly Readers,

I am **Ananya Kamboj** from India, Global Citizen, and a 15-year-old girl from a humble background with myriad dreams twinkling in my eyes. I happen to be an ambassador of football, peace, SDGs, and women empowerment. I wish to take the spirit of hope, togetherness, and inspiration to millions of children across India and South Asia and make this world a better place to live in.

For the last three years, I am selected to represent India as a **Young Journalist at the global Football for Friendship** social program.

Football for Friendship is an annual International Children's social program that unites children of different nationalities.

The goal of the project is the development of children's football, tolerance, and respect for different cultures and nationalities among children from different countries.

In 2018, I was invited to Moscow as a special guest at the world premiere of my book '**My Journey from Mohali to St. Petersburg**', an anthology of twenty-one stories.

The book was officially released by Viktor Zubkov, Chairman of the Gazprom Board of Directors. As a part of the Football for Friendship international children's social program organized by Gazprom, an official partner of FIFA.



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I was awarded the best young journalist award for my effort in spreading the values of the program through this book.

The book presents a holistic picture of the good life and it offers a fresh interpretation of sports through human values which collectively enrich the different dimensions of life. A very good realization of all these values helps us grow as truly and fully human people.

I believe that education, sports, and childhood character development do go hand in hand.

In 2019, I was invited by **International Children's Games**, an International Olympic Committee-sanctioned event to speak on peace, friendship, and youth empowerment during the opening ceremony in Russia

I was invited by the United Nations twice to share my views on Football for Friendship.

Last year in Madrid, Spain the Football for Friendship was awarded the **GUINNESS WORLD RECORD®** certificate for uniting 57 nationalities in a football training session.

I became a goodwill ambassador of BRICS countries and participated in various other projects, including Girl Up, Girls with Impact, Lean In India, SDGs For Children, SDG Choupal, and She's Mercedes.

Credit: Ananya Kamboj, 15 years, Mohali, India



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Yash Aradhya



THE ASIAN AGE KART CHAMP YASH BREAKS BARRIERS

India Niran
23 Jan 2020

New Delhi: Bengaluru's Yash Aradhya became the first Indian motorsports star to win the prestigious Pradhan Mantri Rashtriya Bal Puraskar Award here on Wednesday. Yash received the award in a grand ceremony at the Rashtrapati Bhavan from Honorable President of India Shri. Ram Nath Kovind. The 17-year-old, who has been scorching race tracks ever since he turned 9, has 13 Championship wins, including over 65 podium finishes and 13 awards, to his credit. The Pradhan Mantri Rashtriya Bal Pu-



Yash Aradhya (left) poses with the President after receiving the Pradhan Mantri Rashtriya Bal Puraskar Award in New Delhi on Wednesday.

fields under the age of 18. "I thank the Government of India



Dear Kidly Friendly Readers,

Hi, I am **Yash Aradhya**, an athlete in **motorsports**, who started his racing career at the age of 9 in 2012 in Go-Karting, with a belief that "No dreamer is ever too small; No dream ever too big."

In a span of 8 years, I carved a niche for myself by being recognized as one of the most promising and emerging talent in the country with 13 National & Club Championship titles, 65 Race Wins and 14 Awards, which include the highest civilian award by the Government of India for Kids under the age of 18 years, the "**Pradhan Manthri Rastriya Bal Shaktha Puraskar.**" **I became the 1st to receive this award for motorsports.** I am determined to be a successful Formula1 racer and Worlds absolute best in the coming years.

Credit: Sujith Aradhya, Father of Yash Aradhya, India

Visit: <http://www.yasharadhya.com/>



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Channah Zeitung



Dear Kidly Friendly Readers,

I am **Channah Zeitung**, a **3rd Degree Black Belt** and a **11-time World Champion in Taekwondo martial arts**. I am credited as being the youngest 3-time California State Champion in Martial Arts (ATA) ever at age 4. I made my television debut on ABC's "Katie Show" as one of Katie Wonder Kids (aired March 1, 2013). March 1, 2014, I became a 1st Degree Black Belt (at Church's Martial Arts).

My message for you: Respect, it's not what you know, it's what you do. Respect Saves Lives.

I live with my parents (father, Dr. Jeffery Zeitung, is the head of the department of Urologist/Surgeon at Scripps in California, her mother, Gloria, is a publicist) my Sister Naomi (a year younger) and little brother Peter (3 years younger) in San Diego. I am in the sixth grade. I have three dogs (Georgia, Sushi and Coco), one Bangle Cats (Blonde), a domestic cat (Angie), and three hamsters.

Credit: Channah Zeitung, 12 years, San Diego, California

Visit: <http://channahzeitung.com/>



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Srinidhi Srinath



Dear Kidly Friendly Readers,

Hi, I am **Srinidhi Srinath**. My love for gymnastics started at 3 when I watched Sofie Dossi on America's Got Talent doing amazing contortion/gymnastics. I used to also watch my grandfather do yoga at a very young age. I used to imitate them from then onwards. Then my parents saw I was very interested in gymnastics so they put me in a gymnastics Institute. There I learned to perfect all my poses. With hours of practice every day I soon became his star student. My teacher believes that I will become a professional gymnast with practice and hard work.

Gymnastics is a sport that includes physical exercises requiring balance, strength, flexibility, agility, coordination, and endurance. The movements involved in gymnastics contribute to the development of the arms, legs, shoulders, back, chest, and abdominal muscle groups. Alertness, precision, daring, self-confidence, and self-discipline are mental traits that can also be developed through gymnastics evolved from exercises.

The most common form of competitive gymnastics is artistic gymnastics, for women WAG which consists of the events floor, vault, uneven bars, and beam. For men MAG, it consists of the events floor, vault, rings, pommel horse, parallel bars, and horizontal bar. The governing body for gymnastics throughout the world is the Fédération Internationale de Gymnastique (FIG).

Credit: Sreenidhi Srinath, 8 years, Dubai, U.A.E.



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Hargun Basra



Dear Kidly Friendly Readers,

Hi, I am **Hargun Basra**. Happy Golfing!! I started learning golf two years ago in Dubai.

And continue to do so in Canada. I am getting better at it and love the game.

Credit: Hargun Basra, 8 years, Ottawa, Canada



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Fun Fact Time

COOL FOOD FACT



**Did you
know as soon
as pineapple
is in your
mouth it starts
eating your
flesh?**

**Bromelain, the enzyme in
pineapples, digests proteins. No
other food on the planet has it.**

www.halfofgabby.com



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Did you know ?



To produce a single pound of honey,
a single bee would have to visit
2 million flowers.

Pic Credit: tymoff.com



Pic Credit: Gramho.com



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Art is where the Heart is



Credit: Ishi Chandra, 11 years, Mumbai, India



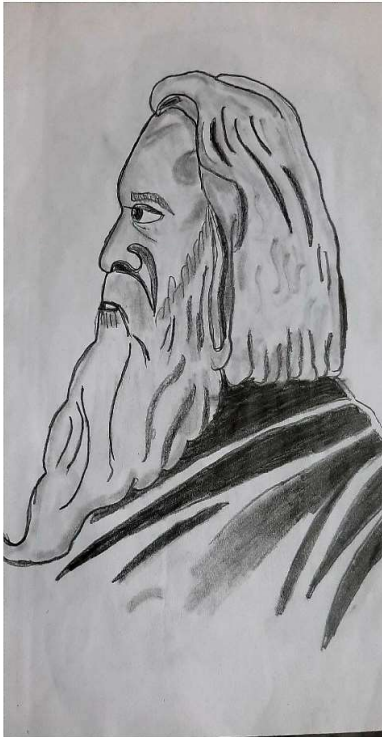
Credit: Opal Khobragade, 6 years, Abu Dhabi, U.A.E.



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Credit: Soham Sengupta, 13 years, Hyderabad, India

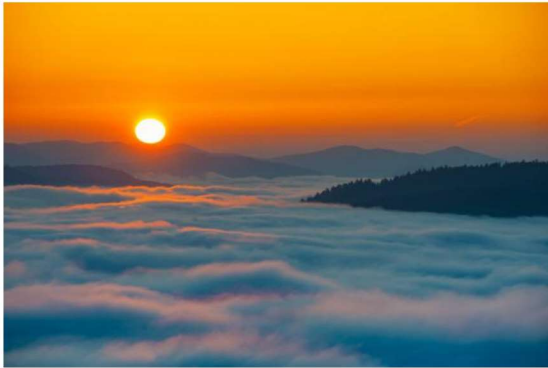


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For the shutterbugs



WMO launches 2020 Calendar Competition

The World Meteorological Organization celebrates its 70th anniversary in 2020. We are looking for high-quality and artistic photographs of the amazing beauty and power of our weather and our environment, which, illustrate the theme of World Meteorological Day 2020, "Climate and Water."

The World Meteorological Organization celebrates its 70th anniversary in 2020. We, therefore, hope that our annual calendar competition will be bigger and better than ever before.

We are looking for high-quality and artistic photographs of the amazing beauty and power of our weather and our environment. We also welcome photographs which illustrate the theme of World Meteorological Day 2020, "Climate and Water".

As a U.N. agency, we are keen to encourage a good geographical balance which represents all regions of the Earth.

Winning entries will feature in the printed WMO 2020 calendar. They will be showcased on the WMO website and social media platforms and feature prominently in 70th anniversary celebrations. We will also promote them among other U.N. agencies. There will be lots of recognition but no financial reward!

Since it was launched in 2014, the WMO calendar competition has gained in stature and recognition. The United Nations regularly features our photos. Some national meteorological and hydrological services also run their own photo contests and feed these entries to WMO.

WMO received many outstanding entries for the 2019 calendar and we thank everyone who participated. We really look forward to the competition for the 2020 calendar.

Credit: <https://public.wmo.int/>



Brain Teasers

www.solvemoji.com - EASY
SOLUTIONS, PUZZLES & LEADERBOARDS ONLINE

	+		+		= 18
	+		+		= 19
	+		+		= 31
	x		+		= ?

Puzzle ID: 6442 Solvemoji.com

www.solvemoji.com - MEDIUM
SOLUTIONS, PUZZLES & LEADERBOARDS ONLINE

	x		= 224		
+		+			
22	+		= 40		
=		=			
36		34			
	x		+		= ?

Puzzle ID: 6481 Solvemoji.com

www.solvemoji.com - HARD
SOLUTIONS, PUZZLES & LEADERBOARDS ONLINE

	x		= 264		
x		+			
	+		= 36		
=		=			
220		40			
	+		+		= ?

Puzzle ID: 6584 Solvemoji.com



**A friend was telling me,
'I have eight sons
and
each has one sister.'
In total,
how many children
does my friend have?**

**Which hand is best
for stirring sugar
into a cup of tea?**

Picture credits: Solvemoji.com, Pintrest.com & Brightsideme.com



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An act of kindness a day, goes a very long way!





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